

Texas ENA Conference: Leadership – The HARD Stuff

March 27, 2026

Speaker Bios

Chris Chizek, MEd, BSN, RN, NPD-BC, CCRN, CEN, TCRN, CPEN



Christine Chizek is the South Texas HCA Healthcare Market Director of Professional Development with over 33 years of experience as an educator, leader, and clinician specializing in emergency nursing and education. Chris holds multiple nursing specialty board certifications and passionately supports all nurses' becoming board certified. In addition to her education role, Chris is actively involved with the American Heart Association (AHA) Life Support Training for the Rio Grande Valley, the Texas Emergency Nurses Association (ENA) as Professional Education Committee Vice-Chair, and her local ENA Chapter 438-Rio Bravo Chachalacas.

Kristen Christian DNP, RN, NEA-BC



Dr. Kristen Christian serves as the nursing director for ER & Trauma services at St. Joseph Health Regional Hospital in Bryan TX. Dr. Christian has been a part of the ER for 20 years. She obtained her Doctor of Nursing Practice from the University of Texas with a focus in leadership. Dr. Christian is also the 2026 President of TX ENA Council and actively involved the last 9 years. She also serves as the Vice Chair to the Brazos Valley Regional Advisory Council.

Erin Lowery, MS



Erin Lowery is a healthcare leader with a career rooted in emergency services and team development. She is passionate about strengthening the connections between EMS and emergency nursing. I strive to lead with presence, preserve dignity in difficult moments, and equip teams to navigate crisis with integrity and resilience. Her goal is to bring real world experience and thoughtful reflection to conversations about leadership when it matters most.

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Crissie L. Richardson MS, BSN, RN, CEN, CPEN



Crissie Richardson has been an Emergency Nurse for 20 years. She is currently the Trauma PI Coordinator for Ascension Texas. Crissie has served in the Texas Emergency Nurses Association for over 10 years in various roles to include Pediatric Committee Chair, Government Affairs Vice-Chair, Director and President in 2021.

Debby York, MBA, BSN, RN, NEA-BC, CEN



Debby York, MBA, BSN, RN, NEA-BC, CEN, is an accomplished healthcare leader with over 15 years of experience in emergency medicine. As the Emergency Department Director at Baylor Scott & White Medical Center, she excels in operations, quality improvement, and staff engagement. Debby is recognized for her contributions to healthcare innovation and excellence in patient care.