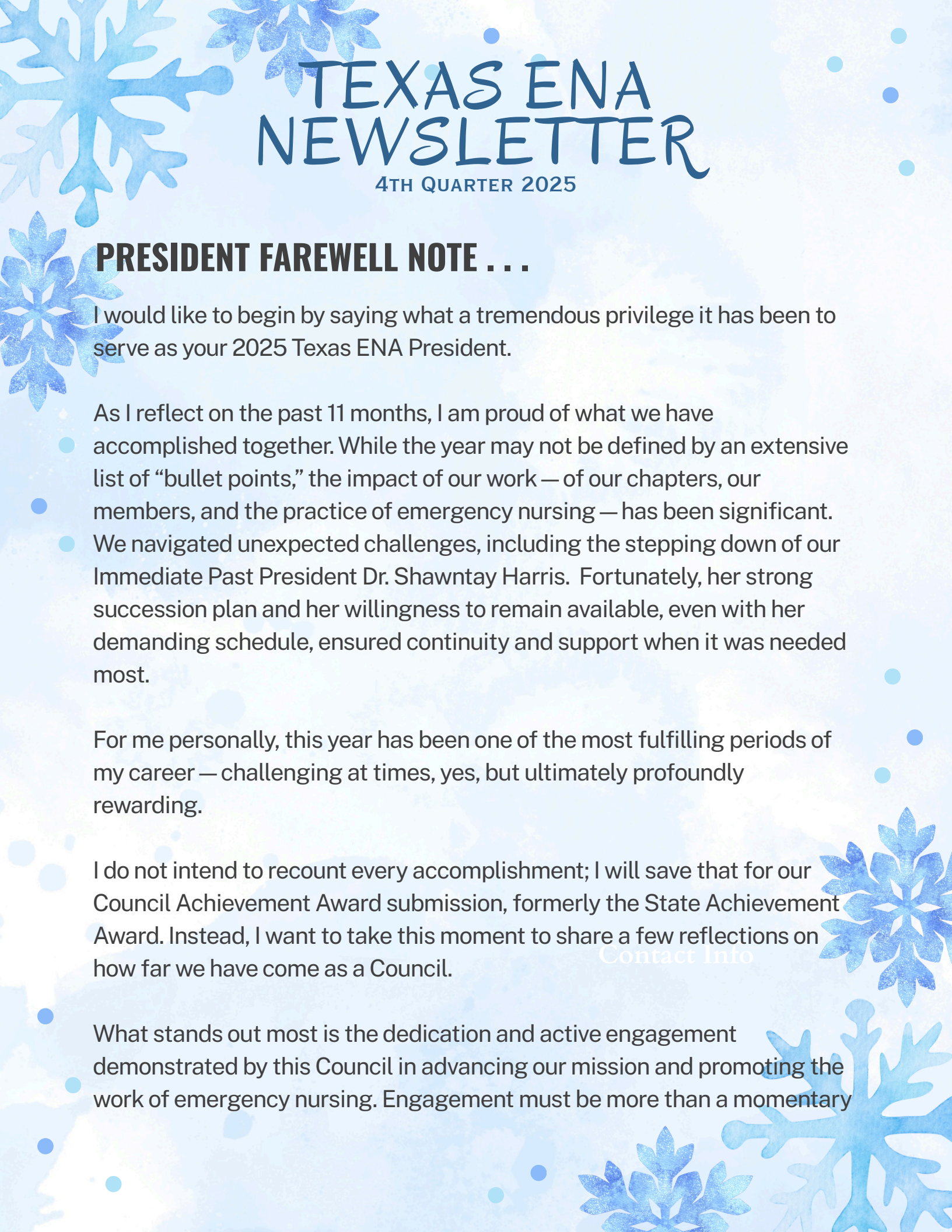




TEXAS ENA NEWSLETTER

4TH QUARTER 2025

PRESIDENT FAREWELL NOTE . . .

I would like to begin by saying what a tremendous privilege it has been to serve as your 2025 Texas ENA President.

As I reflect on the past 11 months, I am proud of what we have accomplished together. While the year may not be defined by an extensive list of “bullet points,” the impact of our work — of our chapters, our members, and the practice of emergency nursing — has been significant. We navigated unexpected challenges, including the stepping down of our Immediate Past President Dr. Shawntay Harris. Fortunately, her strong succession plan and her willingness to remain available, even with her demanding schedule, ensured continuity and support when it was needed most.

For me personally, this year has been one of the most fulfilling periods of my career — challenging at times, yes, but ultimately profoundly rewarding.

I do not intend to recount every accomplishment; I will save that for our Council Achievement Award submission, formerly the State Achievement Award. Instead, I want to take this moment to share a few reflections on how far we have come as a Council.

What stands out most is the dedication and active engagement demonstrated by this Council in advancing our mission and promoting the work of emergency nursing. Engagement must be more than a momentary

PRESIDENT FAREWELL NOTE - CON'T

trend or something we do because it is expected — it must be a sustained commitment, strengthened year after year, for the benefit of those who will follow us. Before I close, please allow me to express my heartfelt gratitude for the honor of leading this extraordinary organization. The road to this role has been long, but I achieved my goal and succeeded — because of your support, encouragement, and trust. I have every confidence that Dr. Kristen Christian and her Board will continue to elevate Texas ENA and lead us to new heights.

To the Board members who are completing their service, I hope we will continue to see you, whether in person or virtually. To the incoming Board members, remember that you were chosen for a reason. Even when it may not have been your time before — your time is now.

Thank you, thank you, thank you — from the bottom of my heart — for the privilege of serving alongside each of you.





2025 Texas ENA Virtual Quarterly Conference Series

4th Quarter Virtual Conference
December 5, 2025
1:00 p.m. to 5:00 p.m.

Wellness, Self-Care & Resilience

Featured topics and speakers

*** Mindfulness: Thoughts are not Facts ***

Melissa Baldwin, DNP, RN, NPD-BC

*** Trauma-Informed Care ***

Colyn Turnbow, BSN, RN, CEN, CCRN, TCRN

*** The Power of Boundaries: Preserving your energy and protecting your peace in nursing***

Kelsea Heiman, MSN, RN, CEN, TCRN

*** Finding and Keeping Your Nursing Purpose ***

Lisa Adams Wolf, PhD, RN, CEN, FAEN, FAAN

REGISTRATION INFORMATION

Conference Cost: ENA Member cost: \$60.00 // Non-ENA Member: \$70.

Registration QR Code & Link: <https://form.jotform.com/243585417304154>



This activity has been submitted to Emergency Nurses Association for approval to award contact hours. Emergency Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Visit the Texas ENA Virtual Conference Series webpage at <https://txena.org/2025-virtual-conference-series/> to register. Agenda and speaker bios for the 4th quarter program will be posted.

<https://txena.org/2025-virtual-conference-series/>

Texas ENA 2025 Virtual Conference Series: Speaker Bios
Wellness, Self-Care & Resilience
December 5, 2025

Melissa Baldwin DNP RN NPD-BC



Melissa Baldwin DNP, RN, NPD-BC is a dedicated nursing leader with a passion for advancing clinical excellence and professional growth. While pursuing her Doctor of Nursing Practice (DNP), she led initiatives focused on integrating mindfulness practices into nurse residency programs, supporting new nurses in building resilience and emotional well-being. She continues to work closely with nursing professional development practitioners to strengthen their skills in fostering resilience, emotional intelligence, and reflective practice across clinical teams.

Kelsea K. Heiman MSN RN CEN TCRN



Kelsea Heiman MSN, RN, TCRN is a dedicated member of the Emergency Nurses Association (ENA), known for her commitment to advancing the profession and advocating for emergency nurses. As a member in the Houston 195 chapter, Kelsea has played a key role in initiatives related to workplace violence prevention and finding balance in your practice, consistently demonstrating leadership and passion. While she has recently transitioned from clinical nursing to spend more time with her family, Kelsea makes a meaningful impact on the future of emergency nursing in her role as an educator.

Colyn Turnbow BSN, RN, CEN, CCRN, TCRN



Colyn Turnbow BSN, RN, CEN, TCRN is a triple board-certified trauma and critical care nurse with over 15 years of experience in emergency and trauma nursing. She currently serves as Trauma Program Manager at Baylor Scott & White All Saints Medical Center in Fort Worth, leading an academic Level III trauma program with multiple residency programs. She is an active member of ENA, AACN, STN, ACS, and TQIP and is passionate about bringing specialty population education to staff—covering trauma-informed care, caring for the forensic patient, human trafficking, pediatrics, and geriatrics.

Lisa Wolf PhD RN CEN FAEN FAAN



Lisa Adams Wolf, PhD, RN, CEN, FAEN, FAAN is the Lead Nurse Scientist at the Emergency Nurses Association and an Associate Professor at the Elaine Marie College of Nursing at UMass Amherst. She is a Fellow in both the Academy of Emergency Nursing and the American Academy of Nursing. Her work focuses on the integrated impact of moral and clinical reasoning in the emergency care environment on nursing decisions and patient outcomes

Texas ENA

Q4 Newsletter Article

Texas Pediatric Readiness Improvement Project

By Sally K Snow BSN, RN, CPEN, FAEN

Project Manager

The Texas Pediatric Readiness Improvement Project continues to support 14 Pediatric Readiness Improvement and Simulation Mentors or PRISMs. Our focus for this second phase of the grant is to teach the PECC's in our participating hospitals to facilitate simulation using ~~simbox~~ and to implement an action plan to improve their pediatric readiness scores. This will result in a more sustainable effort toward improving pediatric emergency care in our state. The PRISMs are working with their participating hospitals to identify a Pediatric Emergency Care Coordinator (PECC), if one is not already in place, and strengthen the role and help them solidify the work of the PECC as essential and to advocate for protected time. The PRISMs are helping PECCs work through 4 stages of Pediatric Readiness which were updated recently to facilitate independence and sustain the work of the PECC. We continue to work with PECCs to learn to facilitate simulation on their own, with their staff, with minimal support from the PRISM. New to the project this last quarter was a System-Level Train the Trainer where the HCA Gulf Coast Division trained all its facilities in one day-long event. The didactic portion was broadcast virtually to three locations along the Texas Gulf Coast and PRISMs were on site in those locations to facilitate simulation training of hospital PECCs to learn to facilitate sims with their own staff. More than 80 people were trained and we are exploring other potential opportunities to work with hospital systems to hold similar events.

We continue to hold hospital PECC check-in calls every 4 weeks. The calls are open to anyone serving as a PECC or considering the role. Those calls can be accessed at <https://iu.zoom.us/j/88953527896> every four weeks from Nov. 4th at 1pm Central Time. 2026 H-PECC check in calls will occur the 4th Thursday of every month at the same link. The following link will take you to the list of recorded PECC check in calls.

https://docs.google.com/spreadsheets/d/1_LFNGpLBj67rx8lOTl5xQFxBUw7gh-JnRzJA1L53R40/edit?gid=0#gid=0

Texas was one of four states that co-sponsored a resolution at ENA General Assembly calling for the designation of a PECC in every emergency department. The resolution passed with a 95.9% vote to adopt. Please begin to plan for the 2026 National Pediatric Readiness Project (NPRP) Assessment that will launch on March 3rd. Put that date on your calendar to remember when the assessment opens, it will close on May 31. It is our goal to have every hospital and freestanding ED in the state of Texas participate in this National Assessment. The Assessment will be based on the new *Joint Policy Statement: Pediatric Readiness in the Emergency Department* coming to the Journals of the AAP, ACEP ACS and ENA sometime soon after the first of the year.

The Texas Trauma Rules were implemented Sept. 1, 2025. Pediatric Readiness is a component of the new rules and hospitals are already being surveyed and asked about how they are meeting the pediatric readiness section of the new rules. You must have an NPRP assessment within the past 12 months and have a record of a pediatric simulation or actual event that you reviewed and reported any opportunities for improvement to your Trauma Operations Process or ED Committee at least once every 6 months. Our PRISMs are available to help educate hospital ED leaders about the PECC role.

The Texas Pediatric Readiness Improvement Project Virtual Webinar series is continuing its second season. The sessions are live on the third Thur. of the month, at 10am. CE is available through the generosity of the Texas EMS, Trauma and Acute Care Foundation. All season 2 webinars are recorded and can be accessed for CE.

<https://utexas.app.box.com/v/txpripeducationseries> Season 1 videos are still available, but the CE credit has expired. Registration can be done once, for the whole season. All information about the virtual series can be found on the Texas ENA website here <https://txena.org/texas-pediatric-readiness-improvement-project/>

All Texas Pediatric Readiness PRISMs have done an amazing job of improving pediatric emergency care in the hospital and freestanding EDs in the state of Texas. It is my honor to lead this incredible group of committed Pediatric Champions.

FOOD FOR THOUGHT

WHY SHOULD I BE CONCERNED ABOUT HOSPITAL-ACQUIRED PRESSURES INJURIES (HAPI) IN THE ED?



1 IN 10
PEOPLE WILL
BE AFFECTED

(Li et al., 2020)

The Magnitude of the Problem

According to the Agency for Healthcare Research and Quality (2020), HAPIs were the only hospital-acquired condition (HAC) showing increasing rates from 2014 to 2017. They contribute to around 60,000 deaths yearly in the U.S. (Crotty et al., 2023).

ONE HAPI EVENT EXCEEDS

\$70,000

IN ADDITIONAL HEALTHCARE COSTS

(Padela & Delamante, 2019)

60,000
DEATHS/YR

(Crotty et al., 2023)

Hospital-
acquired pressure
injuries are
PREVENTABLE

\$26.8^{Billions}

National healthcare costs
attributed to HAPI events

(Padela & Delamante, 2019)

52% OF ALL ADVERSE EVENTS IN
TEXAS ARE PRESSURE INJURIES

(Texas Department of State Health Services, 2022)

Agency for Healthcare Research and Quality (2020, July). AHRQ national scorecard on hospital-acquired conditions final results for 2014 through 2017. <https://www.ahrq.gov/sites/default/files/assets/patient-safety/quality-patient-safety/info/updated-hsreportFinal2017data.pdf>

Crotty, A., Killian, J. M., Miller, A., Chiloon, S., & Wright, R. (2023). Using wearable technology to prevent pressure injuries: An integrative review. *Workviews on Evidence-Based Nursing*, 20(4), 351–360. <https://doi.org/10.1111/vebn.12638>

Li, Z., Lin, F., Thalib, L., & Chaboyer, W. (2020). Global prevalence and incidence of pressure injuries in hospitalised adult patients: A systematic review and meta-analysis. *International Journal of Nursing Studies*, 105, 103546. <https://doi.org/10.1016/j.ijnurstu.2020.103546>

Padela, W. V., & Delamante, B. A. (2019). The national cost of hospital-acquired pressure injuries in the United States. *International Wound Journal*, 16(3), 634–640. <https://doi.org/10.1111/iwj.13071>

Let's be a part of change

**BY VICKEY
THOMPSON**

Texas Department of State Health Services. (2022). *Texas healthcare safety: Healthcare-associated infections and preventable adverse events 2022 annual report*. Texas Department of Health and Human Services, Texas Health Care Safety Network. <https://texas.dshs.texas.gov/AnnualReports/>

Chapter Corner

NORTH TEXAS ENA

North Texas ENA has 55 members, down from 59 in Q3. Our chapter meets quarterly on the second Wed. of the first month of the quarter. The Board meets one week prior to that. Our third quarter meeting was a Teleflex sponsored dinner meeting with 20 participants. Our chapter did a drawing and gave away three ENA memberships at the meeting. Our Q4 meeting was held on Wed. Oct. 15 with a chapter sponsored dinner and education by the Coordinator of the Forensics Team at United Regional Medical Center. 13 members attended. We held our chapter elections and elected a President Elect that has never served as an officer or been actively involved. I will help mentor her and the 2026 President who is new to the role as well. I've already encouraged them to put the ENA Leadership Conference in Dallas on their calendars as well as the EN26 dates for Phoenix.

Our chapter very actively meets the educational needs of our members with quarterly ENPC and TNCC courses and these courses are a source of income for our chapter. All courses offered in the region are run through the North Texas Chapter. We are looking to host two CEN review courses in 2026 to accommodate both shifts at the hospitals. We host multiple Stop the Bleed classes and in Q4 we will co-host the second of two annual drug take-back events in conjunction with community partners. We work closely with our trauma and acute care Regional Advisory Council on injury prevention activities, and our members serve on the Board and chair several committees for the RAC. Our RAC will host a Tx Pediatric Readiness Improvement, Train the Trainer event on Oct. 27th to train hospital PECCs to facilitate simulation and create an action plan to close their identified gaps in readiness.

Chapter Corner - Con't

NORTH TEXAS ENA

The chapter solicited applications for 4 scholarships for up to \$2000 in reimbursement to attend the EN25 conference in New Orleans. There were no applications received. Several Board members were invited to attend the conference, but it was discovered that the dates conflicted with the annual skills competency fair, scheduled at United Regional. I attended GA 25 serving as a delegate in New Orleans.

TARRANT COUNTY ENA

TCENA chapter meetings are scheduled every other even month (February, April, June, August, October and December) on the 1st Tuesday of the month at 7 p.m.

Membership - Approximately 480 members. Focus will be on new members and retaining current members.

Education - More information on our [TCENA.org/Education](https://tcena.org/education) website. Conducted 8 ENPC and 12 TNCC classes since January and have at least 2 per month through the end of the year.

We have had four pool and water safety events (photos on chapter website), very successful and fun community events targeting drowning prevention meeting our 2024 goal.

QSIP resource page was reviewed and contains more information and links.

Barry Hudson has a mental health pediatric handout to share for future community events to share with upcoming water safety events

Lost Vessel - “If Found” - Sticker

By Bill Barbre, TXENA Director

During the 2025 3rd quarter meeting, I was reminded that it was National Water Safety Month. As an avid Kayak Angler, it came to mind that I spend a lot of time on the water and have also noted a gap in water safety that I felt our organization could help bridge. Texas has 367 miles of coastline, over 7,000 natural bodies of water, and numerous rivers. Waterborne activities are a part of everyday life for most Texans. Texas ENA has a huge opportunity to provide water safety and injury prevention activities to our state and beyond.

The Problem: Numerous times a year, kayaks or other paddle craft are found adrift and unoccupied, and it is unknown whether the paddler is safe or lost. Many of these events end in locating a lifeless water-goer or result in large-scale searches with immense expense and risk to rescuers.

The Gap: Coast Guard auxiliaries were once more prevalent nationwide. They would supply water safety courses and Lost Vessel stickers to water sports enthusiasts. The past few years have seen a decline in participation in these organizations, as well as a decrease in the availability of stickers.

The Solution: This is where TXENA's supply of the Lost Vessel sticker comes into play. A lost vessel sticker provides contact information for someone who should know the whereabouts of the watercraft's owner or the details of their float plan. The bright orange sticker is filled out and applied to the inside of the craft as an aid to authorities when a lost vessel is found adrift.

Lost Vessel - “If Found” - Sticker

By Bill Barbre, TXENA Director

The Details: A float plan is a travel plan or area of embarkation that a paddler shares with a significant other to notify them of their area of operations. This contact is then able to pass on potentially life-saving information on where to initiate a search for a lost paddler. Secondly, suppose the paddler made it safely back to shore. In that case, the point of contact can advise authorities and prevent unnecessary search and rescue operations, as well as the associated costs and risks for search agencies.

The Plan: After gaining this realization and learning of a surplus of funds within the Quality, Safety, and Injury Prevention (QSIP) Committee, I reached out to the committee chair. It was a refreshing thought that these events should coincide by serendipity. Mrs. Nolan received my idea with an open mind and allotted monies for the purchase of one thousand stickers. I immediately went to work designing a sticker with a nod to the TXENA. Since then, these potentially life-saving stickers have been distributed throughout Texas, Florida, and internationally at large kayak fishing tournaments, kayak meetups, and amongst friends. At the second World Championships of Offshore Kayak Fishing, I was able to provide education on water safety and provide stickers to delegates from Italy, Portugal, Spain, and Mexico. I have passed out over 100 stickers in three months. The idea was well-received at the 4th quarter state council meeting, with many delegates requesting stickers to take home to their respective chapters for distribution. I hope to continue this push for water safety activities with the support of the TXENA and the QSIP committee. I foresee another purchase of stickers in the near future. See you on the water.

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Happy
New Year