

Texas ENA 2025 Virtual Conference Series: Speaker Bios
Wellness, Self-Care & Resilience
December 5, 2025

Melissa Baldwin DNP RN NPD-BC



Melissa Baldwin DNP, RN, NPD-BC is a dedicated nursing leader with a passion for advancing clinical excellence and professional growth. While pursuing her Doctor of Nursing Practice (DNP), she led initiatives focused on integrating mindfulness practices into nurse residency programs, supporting new nurses in building resilience and emotional well-being. She continues to work closely with nursing professional development practitioners to strengthen their skills in fostering resilience, emotional intelligence, and reflective practice across clinical teams.

Kelsea K. Heiman MSN RN CEN TCRN



Kelsea Heiman MSN, RN, TCRN is a dedicated member of the Emergency Nurses Association (ENA), known for her commitment to advancing the profession and advocating for emergency nurses. As a member in the Houston 195 chapter, Kelsea has played a key role in initiatives related to workplace violence prevention and finding balance in your practice, consistently demonstrating leadership and passion. While she has recently transitioned from clinical nursing to spend more time with her family, Kelsea makes a meaningful impact on the future of emergency nursing in her role as an educator.

Colyn Turnbow BSN, RN, CEN, CCRN, TCRN



Colyn Turnbow BSN, RN, CEN, TCRN is a triple board-certified trauma and critical care nurse with over 15 years of experience in emergency and trauma nursing. She currently serves as Trauma Program Manager at Baylor Scott & White All Saints Medical Center in Fort Worth, leading an academic Level III trauma program with multiple residency programs. She is an active member of ENA, AACN, STN, ACS, and TQIP and is passionate about bringing specialty population education to staff—covering trauma-informed care, caring for the forensic patient, human trafficking, pediatrics, and geriatrics.

Lisa Wolf PhD RN CEN FAEN FAAN



Lisa Adams Wolf, PhD, RN, CEN, FAEN, FAAN is the Lead Nurse Scientist at the Emergency Nurses Association and an Associate Professor at the Elaine Marie College of Nursing at UMass Amherst. She is a Fellow in both the Academy of Emergency Nursing and the American Academy of Nursing. Her work focuses on the integrated impact of moral and clinical reasoning in the emergency care environment on nursing decisions and patient outcomes