

1st Quarter

Newsletter

Texas Emergency Nurses Association



Introducing our 2025 President



A Message from the Texas ENA President

As we embark on 2025, Texas ENA is poised for continued growth and success. Serving as an emergency room nurse since 2003, I have had the privilege of witnessing the remarkable evolution of both the Emergency Nurses Association (ENA) and Texas ENA. Seeing the impact of our organization firsthand fills me with immense pride and a deep sense of responsibility as I step into this leadership role.

I am honored to follow in the footsteps of the distinguished leaders who have shaped Texas ENA. Each past president has left an incredible mark, implementing

meaningful initiatives that have strengthened our organization. While sweeping change has never been the primary goal, each leader has made a lasting contribution, and I am committed to continuing that legacy.

For 2025, my theme is "Mind, Body, and Spirit of the ER Nurse." As emergency nurses, we dedicate our lives to caring for patients and their families. Whether it be at the stretcher-side, working in a clinic, teaching nursing students, doing research or being retired and being a wealth of information. However, it is equally important that we extend that same care to ourselves and our colleagues. Texas ENA stands on a strong foundation, and my vision is to build upon it—introducing thoughtful enhancements that will further support our members.

Listening to the voices of our members, I have prioritized the return of in-person committee meetings. While not all committees have transitioned back to an in-person format, the core committees now offer these invaluable opportunities for collaboration and engagement. As we progress through the year, I anticipate Texas ENA continuing to set the standard as a model state council that others look to for inspiration.

In 2025, we will remain committed to:

- **Empowering Chapter Delegates** – Encouraging and supporting attendance at Texas ENA and ENA's General Assembly meetings through financial assistance.
- **Fostering Relationships with Student Nurses** – Strengthening engagement with the next generation of emergency nurses.
- **Enhancing Key Partnerships** – Continuing to collaborate with the Texas College of Emergency Physicians (TCEP), the Governor's EMS and Trauma Advisory Council (GETAC), and the Texas EMS Trauma & Acute Care Foundation (TETAF).
- **Advancing Professional Education** – Supporting the Professional Education Committee in the development and dissemination of high-quality educational opportunities.
- **Championing Evidence-Based Practice** – Promoting research through grants and the dissemination of findings from Texas ENA members' scholarly work.



Continued...

- **Advocating for Emergency Nurses** – Strengthening legislative awareness and involvement on issues affecting our profession in Texas.
- **Enhancing Communication** – Implementing a robust communication strategy to better serve and engage our members.

I am grateful for the opportunity to lead this incredible organization and to contribute to its ongoing legacy. Together, we will continue to elevate Texas ENA and ensure that emergency nurses across our state receive the support, resources, and recognition they deserve.

Thank you for your dedication, passion, and commitment to emergency nursing. I look forward to an exciting and impactful year ahead.

**Book
Your
Room
Now!**

STAYBRIDGE SUITES BY IHG

Texas ENA

Q2 TXENA MEETING

APRIL 11-12, 2025

HOSTED BY: EAST TEXAS ENA

CUT OFF DATE: 3/10/25

STAYBRIDGE SUITES TYLER UNIVERSITY AREA
2759 MCDONALD ROAD, TYLER TX 75702

<u>1 KING BED</u> STUDIO SUITE \$119	<u>2 QUEEN BEDS</u> 1 BEDROOM SUITE \$144
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[CLICK HERE TO MAKE RESERVATION](#)

Gulf Coast

The members of Gulf Coast Chapter ended 2024 strong and are heading into 2025 with a lot of momentum. We ended the year with a profitable fundraiser and an awesome Holiday/Awards event which included live music and a lively White Elephant Gift Exchange.

Unfortunately, in the last week of the year a local elementary school was devastated by a tornado. The school was closed for the holidays, so no students or staff were present. We were able to organize a donation of classroom supplies to help them return to normalcy.

In early January two of our members provided first aid for a girl scout event. And several of our members have already begun preparations their voluntary work with the Houston Livestock Show and Rodeo which will take place in late February through mid March.

Our chapter is very active on a state level as well, with a Director on the board and three state committee chairs and two vice chairs.

We are looking forward to a great year of growth and education, locally, statewide, and on a national level.

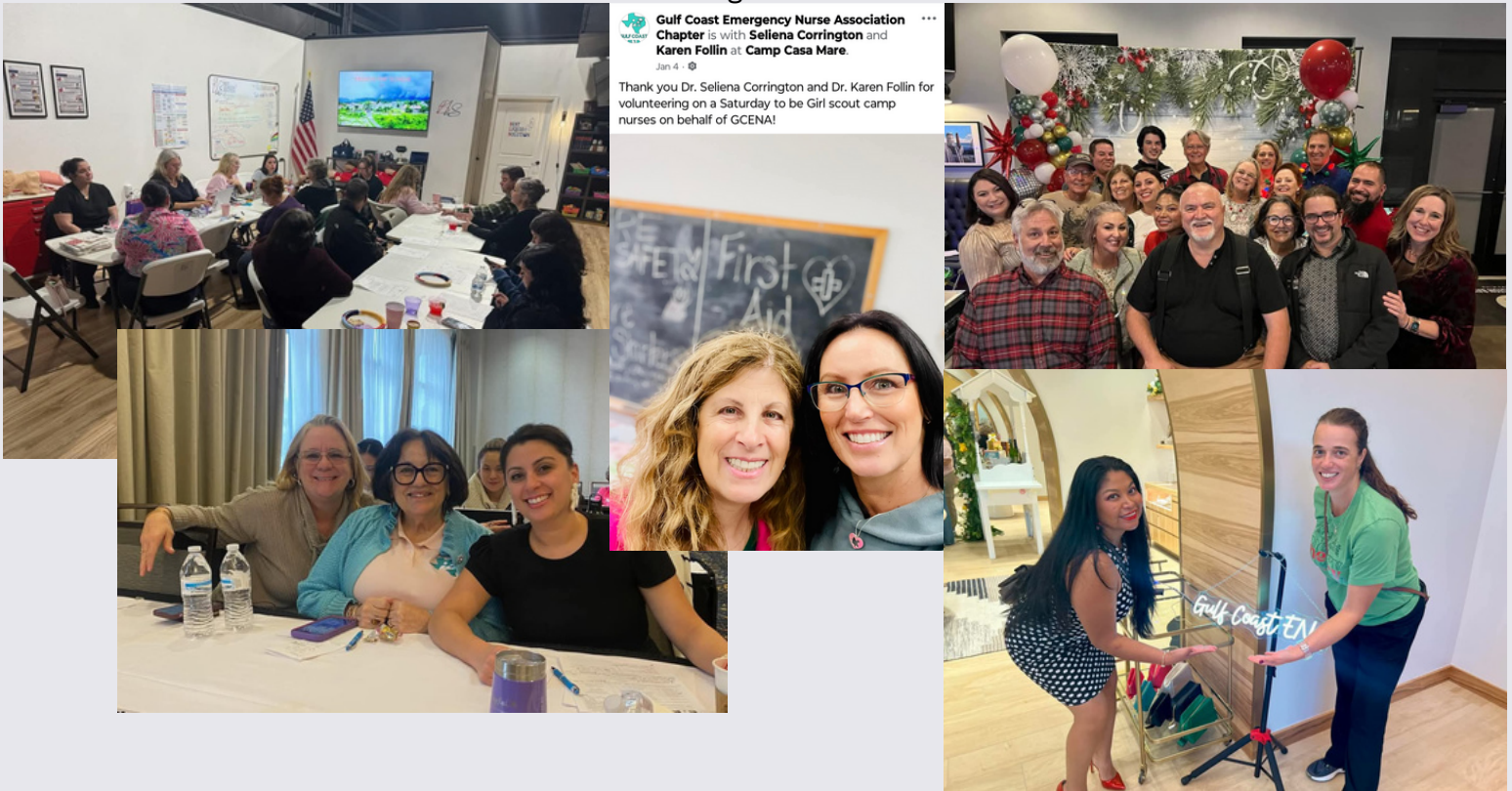
Photo 1 February Business meeting with presentation on Mission to India

Photo 2 President Elect, Treasurer, and President at State GA in January

Photo 3. Karen and Seliena volunteering at Girl Scout event

Photo 4 Holiday party

Photo 5. Yolie Parshall and Carolina Vargas at Kendra Scott fundraiser in December



Diversity, Equity, and Inclusivity

The Texas ENA Diversity, Equity, and Inclusivity committee has had a very busy and successful last several months! As the 2024-2025 Chair of this committee, it has been such a joy to learn and grow with all of you and I'm very excited about what 2025 has to offer. I want to welcome our 2025 co-chair Justin Milici! Justin has a wealth of knowledge and has served in various roles with Texas ENA and the National ENA team for several years.


First, a recap of 2024. We started off the year learning about religious beliefs in healthcare and how they may affect our unconscious bias and how we treat our patients. Next, we had a really great conversation about ageism and heard firsthand what some of our own committee members had been experiencing in their lives. Then, we reviewed our 2024 book club choice *Body of Truth* by Harriet Brown. As part of that meeting, we also discussed body image and weight-based bias in our country and in the healthcare system specifically. In our last committee meeting of 2024 we learned about the sad and tragic history of Residential schools for Indigenous people in our country. In that discussion several options to continue learning were proposed such as reading books like *Stringing Rosaries* by Denise K. Lajimodiere or by visiting websites like boardingschoolhealing.org.

In 2024 we were also lucky enough to host a private screening of *Everybody's Work* by SHIFT Films. This film provided firsthand experiences of nurses across the country and examined systemic racism in our healthcare system. Thank you to everyone that joined this screening and provided feedback about the movie and furthered the discussion it created.

The final event for the DEI committee of 2024 was a huge success as we hosted a book signing with Maria Smilios, author of *The Black Angels: The Untold Story of the Nurses Who Helped Cure Tuberculosis*. This event was well attended and turned out to be an amazing opportunity to sit down with Maria and discuss her book, her research, her personal relationships with the people she wrote about, and her upcoming projects. Attendees also had the chance to get their own copy of the book and have it signed by Maria herself. Thank you to all who attended and participated in this groundbreaking event for Texas ENA.




2025 is looking like a busy year for all of us and certainly for anyone interested in matters related to DEI. Our first meeting has already occurred, and we had a very lively discussion about the erasure of DEI in all facets of our lives. We spoke about companies standing firm on their pro-DEI policies and several others who have caved to extrinsic pressures. This meeting occurred on January 9th, 2025 and so much has already changed since then. I would encourage all of you to stay abreast of what is happening in the government and of all the Executive Orders that are affecting people you interact with every single day in ways you can't imagine. Please use your voice and contact your representatives with your concerns. An easy way to accomplish this is by visiting websites like democracy.io where they list all your representatives and senators in one location and provide a tool to email all of them at once with your concerns.

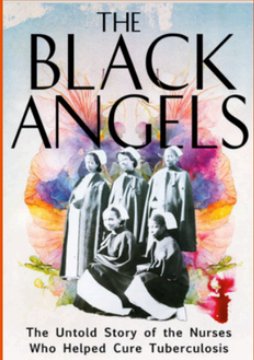
Our next meeting will be Thursday, April 10th at 4p via zoom. We are also hoping to tour the Texas African American Museum on Thursday between 11-1p. More details will be shared related to this excursion closer to time. As a bonus for the Q2 meeting, we will be joined by the National JEDI Chair, Hershaw Davis Jr. via zoom. At this meeting we hope to join up with our Government Affairs chair and discuss anti-DEI legislative actions and what we can do about them. We hope to "see" you all there and find ways to further advocate for a better world for all of us.

Hosted by Texas ENA

BOOK SIGNING WITH MARIA SMILIOS

 FRIDAY, 10/18/2024
 1pm-3pm
 Capitol III room





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ENA: Your key resource for relevant emergency nursing education

Submitted by Kristine Powell MSN RN CEN TCRN NEA-BC FAEN
Chair, TxENA Professional Education Committee

ENA is a key provider of education for emergency nurses. Free and reasonably priced programs are available and are easily searchable.

- ENA provides multiple online education with accredited contact hours included as a benefit of membership at no additional cost including the topics of workplace violence, care of the sexual assault patient.
- ENA has educational pathways with bundled programs for the novice emergency nurse, competent emergency nurse, new and aspiring emergency nurse leaders, and new and aspiring nurse professional development practitioners. All the pathways offer a mentoring program for additional support.
- ENA is the definitive resource for the Emergency Severity Index (ESI) Triage model and provides education and training on ESI triage. The ESI Triage v5 handbook is available at no charge on the EAN website.
- ENA has developed the Geriatric Emergency Nursing Education (GENE) course which provides foundational information on caring for this vulnerable population. Several offerings are available including the new GENE: Caring for Veterans module.
- ENA supports the Trauma Nursing Core Course (TNCC), Emergency Nursing Pediatric Course (ENPC), and, coming this year in 2025, the Trauma Nursing Advanced Course (TNAC).
- ENA helps emergency nurses prepare for the Certified Emergency Nurse certification exam with the CEN Online Review Course and Course manual. CEN Review Questions are available on the CEN Online Review Facebook Page.
- Conferences at the local, state, and national level are available and customarily provide a discount for ENA members. Visit [Add a little bit of body text](#) for Texas ENA offerings.

Check out the offerings and take advantage of these great educational offerings!



2025 Texas ENA Virtual Quarterly Conference Series

Q1: Elevating Your Leadership Practice February 28, 2025 8:00 a.m. to 12:00 noon

Planned Topics

- Engagement and advocating staff
- Developing professional presence
- Performance Improvement & Project Management
- Understanding Unit Finances
- Managing your time effectively
- Talent & Succession Planning

Featured Speakers

- Crissie Richardson MS BSN CEN CPEN
- Kristen Christian DNP RN NEA-BC
- Sally Snow BSN RN CPEN FAEN & Cam Brandt MSN RN CEN CPEN
- Kristine Powell MSN RN CEN TCRN NEA-BC FAEN
- Rhonda Manor-Coombes BSN RN TCRN
- Shawntay Harris DNP MHA MBA RN NEA-BC NE-BC TCRN CEN CPEN CTRN CFRN FAEN

This nursing continuing professional development activity was approved by the Emergency Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

REGISTRATION INFORMATION

Registration Link: <https://form.jotform.com/243585417304154>

Q1 Conference cost:

ENA Member cost: \$60.00

Non-ENA Member: \$70.00



For a limited time only!!

2025 BUNDLE COST for all 4 virtual conferences

ENA Member cost: \$200.00

Non-ENA Member: \$250.00

Feb 28, 2025 (8a-12p) – Elevating your leadership practice

May 30, 2025 (1p-5p) – Nursing Jurisprudence/Geriatric Care

Aug 29, 2025 (8a-12p) – Vulnerable Populations

Dec 5, 2025 (1p-5p) – Wellness, Self-care, resilience

Thank you to our Sponsors!

