



## Q4 Newsletter 2023



**Everyone seemed to enjoy themselves at the 2023 Gala and Awards ceremony.**

Registration is now open for Emergency Nurses Association Leadership Conference.

<https://www.ena.org/membership/get-involved/state-and-chapter-leader-area/leadership-conference>

**Book your hotel for Q1 and Texas ENA Leadership Conference!**



## North Texas ENA

The North Texas Chapter of Texas ENA started 2023 with 62 members down from 66 in the last quarter of 2022. At the 4th quarter meeting in October, our membership number had fallen to 56. Our chapter meets quarterly via zoom, the first Monday of Jan. April, July, and Oct. at noon. We held our first in-person meeting with Teleflex sponsoring a dinner meeting on July 10. We had a very successful meeting with about 30 members in attendance representing 5 of 11 hospitals in our region. We are working to identify more sponsors to continue to hold member meetings in person to maintain the momentum we saw in July. Our Chapter encompasses 16 counties bordered on the north by the Oklahoma state line and on the south by Interstate 20. The 11 hospitals within our chapter boundaries represent a distance of 138 miles from northwest to southeast. Our leadership is primarily made up of nurses that live and work in the Wichita Falls area. United Regional Medical Center is a level II Trauma Center and all the remaining hospitals in the region are level III and level IV trauma centers.

The chapter hosts 4 ENPC and 4 TNCC courses per year. One of our rural facilities participated in the National Pediatric Readiness Quality Initiative pilot project and continues to contribute data today. The chapter hosts multiple injury prevention events annually including Stop the Bleed, touching over 2000 individuals and every school district in a nine-county region. Car seat safety checks and drug take-back events are annual injury prevention events co-sponsored by the N. Texas ENA chapter and United Regional Medical Center. Over the last 6 years the drug take-back event, also cosponsored by the Wichita Falls Police Department, has resulted in the removal of hundreds of pounds of medications, including narcotics, from homes in the area. One of our members was nominated for the national QSIP award after winning the TxENA QSIP award in 2022. The North Texas Chapter contributed to all four TxENA silent Auctions this year to help raise money for the ENStong23 fundraising efforts of the ENA Foundation and the Ansley Fund for Texas ENA. Our members received branded water bottles for Emergency Nurses Day. The chapter supports the Virtual 5K. Our future plans include hosting the 2nd quarter Texas ENA General Assembly meeting in Wichita Falls on Saturday April 13, 2024 as well as the Texas ImPACTS Pediatric Readiness Improvement grant training on Friday April 12, 2024 at the new Delta Hotel.

2024 Executive board.

President- Cadi Sharp

President -Elect- Sally Snow

Immediate Past President-Kayce Tigert

Treasure Heather Bailey

Secretary- Kim Stringfellow





## **EN23 Highlights.....from our Members!**

### **By Vicki C. Patrick, Chairperson, Scholarships and Grants Committee**

In 2023 we were able to offer Special Scholarships to self-funded members who applied for EN 23 registration assistance. We asked them to give us a highlight of their educational experience. We'll share some of their contributions with you in this newsletter.....more to come in a '24 Newsrunner!

WOW, there were many! Sharing and hearing the stories by other nurses and speakers was inspiring. Even if you think you know other emergency nurses have the same issues and concerns I do, it is awesome to hear the commonalities we experience in our daily practice, the good and the not so great! -Mary Leblond

Especially liked the "Helping the New Grad Succeed" (a few days prior to the Conference, in a hospital cafeteria, was at a table with a couple of Nursing Students--asked them: What rotation are you going through? One stated: The Emergency Room & I just love it!" ) Was that music to my ears!!! Got their cell #'s & have texted them messages every so often. -Barbara Baldwin  
I always enjoy listening to Lisa Wolf speak and this year she spoke on triage. I was also interested in the topic about integrating telehealth into the ED which was implemented at Stanford. -Cynthia Allison Bailey

EN23 did not disappoint. One of the most interesting presentations was by a panel of nurses, led by Deena Breecher, discussing how artificial intelligence (AI) can be used to enhance the nurses' decision making at triage. The robot was called Kate. She was connected to EPIC and programmed to triage patients based on the information the nurse entered in the chart. Kate was able to correctly identify sepsis cases 70% of the time. Nurses with minimal experience found this additional resource to be very helpful. Nurses with a lot of experience learned to consider any suggestions from Kate and incorporate her triage level when appropriate. The impact of poor triage decisions after 12 hours of listening to patients' stories could be reduced, as Kate would not get tired or burned out. -Valerie Brumfield

I loved the closing ceremony. It reminded me how important humor is and how healing it can be. It also reminded me to continue taking time for myself, for my personal wellbeing, and reconnecting back to my why. – Kristen Christian

I really enjoyed the pediatric readiness presentation by EIC and Terri Campbell was amazing as always, but this was an ethical presentation, very thought-provoking. -Cam Brandt  
My favorite parts of the educational program were the sessions on triage research being done and the impact accurate triage has on revenue and patient outcomes. Lisa Wolf's presentation on quality indicators from triage was very valuable and I look forward to seeing more research showing the value of accuracy during the triage encounter. – Bre Ward

## **EN23 Highlights continue.....**

In 2023 we were able to offer Special Scholarships to self-funded members who applied for EN 23 registration assistance. We asked them to give us a highlight of their educational experience. We'll share some of their contributions with you in this edition of the Newsrunner!

This year, my favorite sessions were focused on triage. I attended a presentation by Dr. Lisa Wolf discussing the critical importance of accuracy in triage, with particular emphasis on the newly revised ESI algorithm. Additionally, I took part in a session exploring the global variations in the triage process. -Kevin McFarlane

For EN23 I had high hopes of increasing my understanding and knowledge base in relation to the DEI area and pediatric care area. I was not disappointed there. I was able to attend several sessions relating to these two care areas and feel like my own practice will improve from these.

One of these sessions was caring for post-op complications resulting from gender-affirming care. I had no idea what to look for in terms of this patient population and feel that Justin did a fabulous job providing unbiased education here. I also attended a session relating to neonates that presented 3 separate case studies that all presented the same, but had very different etiologies and care needs. I left feeling more confident in my own practice treating these two patient populations and am extremely thankful. -Jana Nolen

My favorite content was all the discussion that came from attending the General Assembly. I love hearing the perspectives of others and the arguments for something that may not be intuitive to me. A close second was the lecture titled Caring for the Veteran Population and VA Emergency Nursing. I learned about the benefits that I am entitled to, felt the passion that the providers have for caring for Veterans, and left understanding my own journey and feelings a little better. -Seliena Corrington

Attending EN23 affords me the opportunity to network with my emergency nursing colleagues from around the world. For me, the education is a bonus to the networking opportunity. I particularly enjoyed the special interest group for pediatric emergency care coordinators. The room was full! -Sally Snow

Another favorite presentation was by Andrea Perry which described "Tips from a Board of Nursing Consultant." During COVID I became the Chair of the Nursing Peer Review Committee, a responsibility and an honor that I continue to manage two different facilities. The information and examples shared by the speaker were thought provoking as well as frightening at times. I appreciated the detail she provided, which I brought back to discuss with my colleagues on the committee. -Christine Chizek

My favorite part of the conference was the cadaver lab. It was absolutely amazing to see the inner workings of the human body. From being able to feel the cracking in the lungs from a patient with emphysema to feeling calcifications in a heart was an opportunity I will never forget. To see how fast medicine actually gets to the heart when using the humeral head insertion site was truly awesome. I was also very excited to be able to successfully intubate several of the cadavers. I am so thankful for those that donated their bodies for our benefit. -Karen Kahla





## **Scholarship and Grants: Giving Back to our Texas Members**

-By Vicki C. Patrick, Scholarships and Grants Committee Chairperson

For many years Texas ENA has supported member journeys through academia . Whether it's an eager undergraduate student who aspires to join the specialty of emergency nursing, a RN advancing education, or graduate students seeking nursing specialization or doctoral candidates pursuing scientific inquiry to support new practice improving patient care, Texas ENA has provided financial scholarship and grant opportunities for its members. Through a competitive evaluation process, the committee assures Texas scholarship funds are awarded to members making satisfactory progress with their educational goals that will positively affect the specialty of emergency nursing. Education, whether beginning or advanced, is one of the foundational pillars of the Emergency Nurses Association and Texas ENA proudly supports our members. In 2023, fifteen undergraduate and advanced degree students were awarded greater than \$59,000 in financial support through the annual competitive academic scholarship and grants program. Scholarship and grants ranged from \$3,000 to \$6,000 this year. Texas ENA funds were augmented by several generous donors: City Ambulance, the Rio Bravo Chachalacas Chapter, and the HCA Valley Regional Medical Center.

### **Texas ENA 2023 Scholarship and Grant Recipients**

#### **Robert Adams**

East Texas Chapter  
Western Governors University

#### **CynthiaAnnie Boutin**

East Texas Chapter  
UT Houston HSC-Cizik School of Nursing

#### **Elizabeth Dixon**

San Antonio Chapter  
-Ingrid Steinbach Memorial Scholarship  
Galen College of Nursing

#### **Lisa Hayes**

San Antonio Chapter  
San Antonio College

#### **Rebecca Johnston**

San Antonio Chapter  
San Antonio College



**Lisa King**

San Antonio Chapter  
-Ross Peterson Memorial Scholarship  
Texas A&M College of Nursing

**Hannah Longoria**

Gulf Coast Chapter  
-Joni Daniels Memorial Scholarship  
UT Arlington College of Nursing and Health Innovation

**Laurie Martin**

Houston Chapter  
-Frank Cole Advanced Practice Scholarship  
UT Houston HSC-Cizik School of Nursing

**Erica Meshell**

Gulf Coast Chapter  
Grand Canyon University

**Becca Mielke**

Austin Chapter  
- HCA Valley Regional Medical Center Scholarship  
Grand Canyon University

**C. Paige Owen**

Houston Chapter  
-PhD Dissertation Completion Grant  
UT Houston HSC-Cizik School of Nursing

**Darian Philbrick**

San Antonio Chapter  
UT Houston HSC-Cizik School of Nursing

**Shayna Stevens**

Dallas Co. Chapter  
West Texas A&M University

**Rebecca Vargas**

El Paso Chapter  
UT El Paso College of Nursing

**Albert Willingham**

Brazos Valley Chapter  
-Sarah Janell Memorial Scholarship (City Ambulance)  
Blinn College/Texas A&M College of Nursing



## 2023 Texas ENA Delegate Mentor/Mentee Experience

### Sally Snow and Laine Huebner

My experience with Laine Huebner began when I was asked to present at the 2023 Leadership Orientation in El Paso. I was given free-reign on what I wanted to talk about so I picked Embracing Generational Diversity in ENA Members. I immediately thought of Crissie Richardson as my Gen X'er, Katie Wilson as my Millennial, but who would I get to represent Gen Z? Katie and Jana Nolan came to my rescue and promptly recommended their new member and Brazos Valley President Elect, Laine Huebner. Laine had never been to a Texas ENA State meeting and when she agreed, without hesitation, to participate in our little panel discussion, I knew I had a "keeper."

Not only did she participate but she killed it and gave all of us great insight into what we had to look forward to with Gen Z. Her list of dos and don'ts with Gen Z was spot on. No email! Check! no phone calls, Check! If it can't be communicated in a text, don't bother. I know I learned a lot that day and so did many others. The way we engage our new members will make or break whether they stay engaged and keep coming back. I knew right away that Laine was my "new best friend!" Besides she taught me about Be Real!

Fast forward to June when delegate selection took place. As soon as I knew Laine would be a first-time delegate for Texas ENA, I told Pat to please give me Laine as a mentee for GA23. We just had a connection and I knew it would work for both of us. Laine agreed and there we were, sitting side by side in San Diego. I communicated with her a couple of times before GA, by text of course, to see if there was anything she needed my help with. She was on top of everything and assured me she was good. When I got the message from Pat that she hadn't responded to the request to send her delegate training certificate, I knew exactly why. That email thing again, so I sent her a text and the certificate was supplied post haste!

Sitting next to her was such a wonderful experience in San Diego. She was so well prepared. There were multiple times, she mentored me and vice versa! I can't say enough about how good I feel about the future of TxENA and ENA in general with the likes of Laine Huebner taking the reins in a few years. Thank you Laine, for being my new best friend, and for all the future work you will do for Texas ENA.



## **2023 Texas ENA Delegate Mentor/Mentee Experience**

### **Sally Snow and Laine Huebner**

I joined ENA in the fall of 2022. I had no prior knowledge of the organization, but I was immediately elected to be the 2023 president-elect for the Brazos Valley chapter. Not because I had some great aspiration, I am “just” a bedside nurse after all, but because there was a need and I was asked to fill it.

I met Sally Snow for the first time during Leadership Orientation in El Paso. I sat on her panel as the voice of Gen Z, to discuss Generational Diversity in ENA Members. Talk about diving in head first, my very first meeting and I was up presenting in front of people I had never met. I loved every minute of it. Sally told me she knew I was a keeper after that.

As we fast forward through the year, Sally and I continued to connect. I continued to learn more about the workings of ENA on the local, state, and national level. My eyes were opened to the opportunities that lay before me - opportunities for professional growth, networking, education, and finding my purpose.

After delegates for GA23 were announced, Sally texted me and told me she had chosen me to be her mentee. I was absolutely honored. Who better to guide me through my first GA than THE Sally Snow. Through the course of GA, Sally explained everything - who everyone was, what and why we were voting on certain things, shared from her experience on the board, and just made me feel so very comfortable and empowered. And of course we talked about non ENA things - like our mutual love of summer camps.

ENA itself and my relationship with Sally Snow have been monumental for me. I came into this organization and relationship as “just” a bedside nurse. I end this year as an empowered nurse, knowing that my voice and opinion matter. I have come to realize that emergency nursing is so much more than just my day to day at the bedside. Next year, I will be Vice-Chair of the Fundraising committee and President of the Brazos Valley Chapter - I am excited and excited to see what other opportunities arise. I owe so much of this to my mentor, Sally Snow.

## Pictures from the Anita Dorr luncheon



# How Do You Know Your Pediatric Readiness Improvements are Making a Difference?

By Sally K. Snow BSN, RN, CPEN FAEN

Many of you, as ED leaders and staff nurses, made a commitment to improve your Pediatric Readiness scores by participating in the National Pediatric Readiness Project

assessment in 2021. Some have done the assessment because of the implementation of the new American College of Surgeons Committee on Trauma inclusion of pediatric ready criteria in their new standards for trauma center designation. Some are preparing for potential changes in the Texas trauma rules that will include aspects of pediatric readiness to be a Texas trauma center. All of you are committed to improving pediatric emergency care for the children of Texas.

So, your emergency department (ED) has taken the National Pediatric Readiness Project

(NPRP) assessment and identified your gaps. If not, do it NOW!

How do you move from identifying gaps to improving patient outcomes?

The National Pediatric Readiness Quality Initiative (NPRQI) is a new, free platform that

enables EDs to measure and analyze – in real-time and at the patient level – their progress on quality metrics that improve outcomes for children. In addition to a custom

dashboard, the platform provides benchmarking data and reports that can be shared

with hospital/ED leadership on quality and patient safety.

Texas ENA's friend and colleague Dr. Kate Remick shared, "Results from the NPRP assessment showed that engaging in quality improvement equates to a 26-point increase in pediatric readiness," This, along with a Pediatric Emergency Care Coordinator represents a significant boost in your EDs pediatric readiness score. Dr Remick went on to say, "having a QI plan has the potential to shift an ED to the highest

quartile of pediatric readiness. Researchers demonstrated that higher pediatric readiness at 983 EDs could have saved 1,400 children's lives." Check out this new evidence related to improving patient outcomes.

The NPRQI platform was developed specifically with small community and rural hospitals in mind – no specialized training or technology is needed to work with the platform. Ideally, EDs should enter a minimum of 30 patient charts each quarter to adequately track QI measures, meaning that on average, data entry will require an estimated 2-4 hours a month. Feedback thus far indicates data entry for one chart can

take as little as 10 minutes.



**Tracking progress is key!**

**Participating EDs can choose to track any of 28 quality metrics that cover the most common pediatric presentations. The metrics cover seven different focus areas.**

- Patient assessment**
- Interfacility transfers**
- Clinical conditions:**
  - o Head trauma**
  - o Seizures**
  - o Respiratory distress**
  - o Vomiting**
  - o Suicidality**

**Representatives of 25 professional organizations and subject matter experts determined these focus areas intentionally to prioritize metrics that are relevant and accessible to EDs of any pediatric volume and in any geographic area.**

**How to register**

**Registration is by ED or hospital. Typically, the ED nurse manager, ED director, site administrator, or pediatric emergency care coordinator (PECC) should be the point person for registering on behalf of their organization.**

**Registration is a two-step process:**

- 1. Providing information about your ED or hospital and team members, which takes approximately 10 minutes; and**
- 2. Routing the participant organization agreement (POA) for signature by the appropriate leadership, which can average one month. (Completing the POA enrolls an ED or hospital in a patient safety organization (PSO) umbrella for protections given the collection of patient-level data.)**

**Open enrollment began in early April 2023. After that, enrollment will be on a quarterly basis.**

**Resources:**

**National Pediatric Readiness Project • EIIIC (emscimprovement.center)  
National Pediatric Readiness Quality Initiative – Measure \* Reflect \* Improve  
(utexas.edu)**

**Pediatric readiness in EDs improves short- and long-term survival • EIIIC  
(emscimprovement.center)**

**<https://emscimprovement.center/news/pediatric-readiness-reduces-disparities-in-care/>**

## Your Site's Data

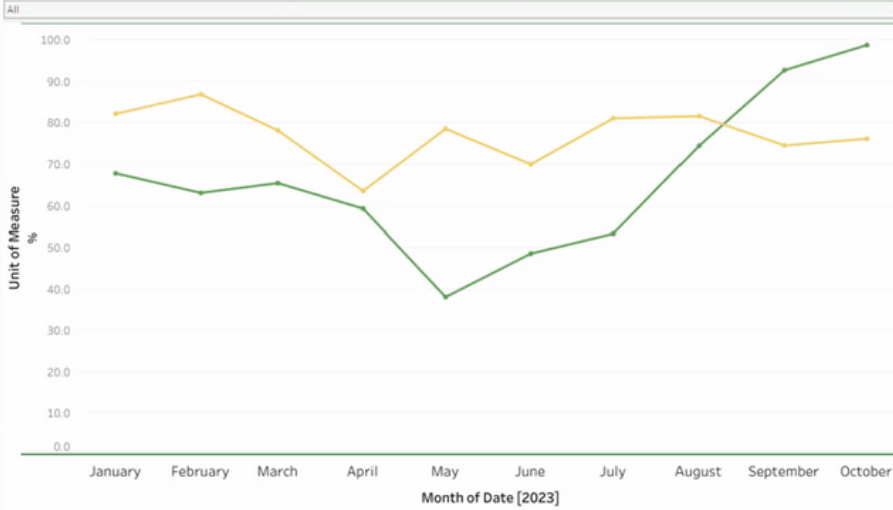
### Performance Report from All for All Patients (Core Measures)

Measures with fewer than 10 records will not be displayed

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Last Dataset Refresh:  
10/17/2023 2:32:47 AM  
Last Patient Included:  
10/15/2023

Show Graph Measures (Measure Selection Only Applies When Patient Clinical Groups With Bundle and Core Measures Selected On the Landing Page)



#### Graph - Legend

Ctrl + Click to select multiple Measures to be displayed

% of pediatric patients with weight documented in kilograms only

% of pediatric patients with pain assessed

Median ED length of stay

% of high acuity pediatric patients with vital signs re-assessed

Median time from triage to first intervention

% of transferred pediatric patients who met site-specific transfer criteria

Median time from triage to transport

% of transferred pediatric patients who were discharged from the receiving ED

#### Patient Demographics

Age Category

(All)

Triage Level

(All)

Ethnicity

(All)

Race

(All)

Gender

(All)

Payor Source

(All)



## Your Site's Data

### Performance Report from All for All Patients (Core Measures)

Measures with fewer than 10 records will not be displayed

\*Cohort performance represents the average of site performances for sites within the same patient volume category (displayed with minimum of 5 sites)

\*\*National performance represents the average of site performances across all participating sites (displayed with a minimum of 5 sites)

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Bundle	# of Sites	# of Records	Quality Measure	Your Performance	National Performance **	Cohort Performance *	
ASSESSMENT	1	328	% of pediatric patients with weight documented in kilograms only	40.2 %	68.7 %	51.6 %	①
			% of pediatric patients with pain assessed	74.7 %	72.7 %	59.4 %	①
			Median ED length of stay	94.5 minutes	225.6 minutes	116.9 minutes	①
ABNORMAL VITAL SIGNS	1	118	% of high acuity pediatric patients with vital signs re-assessed	80.5 %	82.7 %	79.8 %	①
			Median time from triage to first intervention	9.0 minutes	54.2 minutes	9.0 minutes	①
TRANSFER OF PATIENTS	1	23	% of transferred pediatric patients who met site-specific transfer criteria	100.0 %	100.0 %	100.0 %	①
			Median time from triage to transport	368.0 minutes	635.4 minutes	404.3 minutes	①
			% of transferred pediatric patients who were discharged from the receiving ED	4.3 %	2.7 %	0.0 %	①

Low: < 1,800 pediatric patients







