

# VIRTUAL CEN REVIEW

November 15-16, 2021 | 8am - 5pm CT | CEN Review

**SOLHEIM'S**

**CERTIFIED**

**EMERGENCY**

**NURSE (CEN)<sup>®</sup>**

**REVIEW COURSE**

**INSTRUCTED BY JEFF SOLHEIM MSN RN CEN TCRN CFRN FAEN**

## **LOCATION**

This is a virtual course.

## **PRICING**

\$200/ENA Member

\$225/Non-ENA Member

\$25 Discount/Corporate Sponsored Attendance (10+)

## **COURSE CONTACT**

Gulf Coast ENA - Valerie Brumfield

vcbrumfi@gmail.com

## **REGISTER HERE**

<https://bit.ly/3fNovyG>



Up to 16.25 Contact Hours May Be Earned. Activity Code: 1200601-OR-CR-2. This nursing continuing professional development activity was approved by the Emergency Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

# Jeff Solheim

MSN RN CEN TCRN CFRN FAEN

Jeff Solheim is a Registered Nurse who currently resides in West Linn Oregon, a suburb of Portland Oregon. Jeff began his nursing career as an otorhinolaryngology critical care nurse. Three years later, he transferred to the emergency department where he has spent much of his nursing career in various roles. Jeff has been a staff nurse, charge nurse, nurse manager, nurse administrator, trauma coordinator, educator, state surveyor and consultant. Jeff also worked for many years as an International flight nurse and currently works as a staff nurse in the intensive care unit.

In 2004, Jeff left full-time employment in the hospital setting to pursue his passion for education and speaking, starting his own consulting/speaking company. His company, Solheim Enterprises, has grown and now employs numerous other speakers and consultants. Jeff regularly speaks to audiences around the world on a variety of clinical, motivational and comedy-based topics.

Jeff served on the Board of Directors for the Emergency Nurses Association (ENA) from 2013 until 2019 and served as president of ENA in 2018. Jeff was also elected to the board of directors for the Nursing Organizational Alliance (NOA) and served as President of NOA in both 2020 and 2021. Jeff serves on the Board of Trustees for the ENA Foundation and looks forward to being the chair of this body in 2022.

Despite Jeff's notable achievements in the nursing education realm, one of his deepest passions is with a not-for-profit humanitarian medical organization he started over 25 years ago that sent medical teams to developing nations. The organization, Project Helping Hands, sent over 1000 volunteers to five different continents, serving well over 500,000 people. Although PHH ceased operations in 2019, Jeff had the opportunity to personally lead more than 50 teams during his tenure with the organization. Jeff also has a passion for homelessness and aside from volunteering at local homeless shelters, regularly sleeps on the street to better understand the unique needs of this population.



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**ENA**™

Gulf Coast Chapter

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# CEN® Review Course Schedule

## Day 1

- Review of Exam
- Medical Emergencies
- Psychological and Social Emergencies
- Cardiovascular Emergencies
- Respiratory Emergencies
- Shock and Multi-System Trauma
- Neurological Emergencies

## Day 2

- Maxillofacial and Ocular Emergencies
- Neurological Emergencies
- Toxicological/ Environmental Emergencies
- Gastrointestinal Emergencies
- Genitourinary/ Obstetrical/ Gynecological Emergencies
- Professional Issues



Since its release in 2003, Solheim's CEN® Review Course has been taught hundreds of times to thousands of students all over the world. With countless success stories, the course has played a critical role in the advancement and development of the emergency nursing profession. Through a blend of lectures, graphics, videos, and challenge questions, Solheim's Certified Emergency Nurse (CEN®) Review Course covers many of the areas that are tested on the BCEN's CEN® examination. To ensure its continued effectiveness the course, which follows BCEN's guidelines, is updated regularly. Solheim Enterprises has become the go-to source for nurses when preparing to sit for BCEN's Exams.

Visit us on Facebook, Instagram, and YouTube for detailed testimonials, challenge questions, and exam advice.



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